



THE DALE DESTROYER

**Saturday 9<sup>th</sup> August 2008**

Name.....

Address.....

Postcode.....

Tel/mobile.....

Age.....

All entrants must be 16 or over.

Date of Birth.....

Categories (please tick)

- Ladies Beginners
- Ladies Intermediate
- Ladies Advanced
- Mens Beginners
- Mens Intermediate
- Mens Advanced

**Predicted Finish Time.....**

Entry fee is £25 for intermediate/advanced. £15 for beginners.

**Waiver (to be signed by all applicants)**

I hereby agree that I am physically and mentally fit to take part in this event. I understand that I take part in this event at my own risk and hereby agree to wave any legal recourse and agree that no claim shall be made against Fitness First Rochdale or anyone associated with the competition in the event of any injury resulting in my participation. I understand that the fee is non-returnable.

Signed..... Date.....

Please send entry fee and application form to:

Aidy Cartwright  
1 Crofthill Court  
Braddocks Close  
Rochdale  
OL12 9UX

(Cheques made payable to Adrian Cartwright)

Any further enquires please phone Aidy on

07963545203. Email: [adriancartwright@gmail.com](mailto:adriancartwright@gmail.com)

**Closing date for applications is the 25<sup>th</sup> July 2008**

